



Green Health By Green Rameswaram Trust



Apart from the regular morning and evening yoga sessions at Green Rameswaram office, yoga classes started for students of Vivekananda Vidyalaya, Rameswaram from 16th September 2022. Shri.Hegdeji, with the assistance of Sister Selvi, conducted the programme. It will be held regularly, 3 days in a week.



Shri.Hegdeji addressing the students

Minor Millets – Cooking workshop

Half day Minor Millets cooking workshop was organised by Inner Wheel Club of Rameswaram in collaboration with Green Rameswaram Trust. 22 sisters had participated in the event which was held at Vivekananda Bhaskaram on 29 September 2022. Sister Vanathi Amalan of Inner Wheel Club conducted the event and the cooking recipes were demonstrated by Smt. Sarojini.



Organizers & Participants

