



Green Health

By
Green Rameswaram Trust



Moringa Saplings Distribution for Nutrition and as a remedy for Anaemia

We have received 650 Moringa Saplings from Horticulture Department on 4 October 2019. Immediately through our volunteers we have arranged distribution of 200 saplings in Ramakrishnapuram. The function was held at Ramakrishna Kudil. Around 100 women attended the function. Shri.Rakesh M, Assistant Horticulture officer, Shri. Nagarajan, Extension Officer, and Ms.Mohana, Assistant Horticulture Officer, from Horticulture Department attended the function. Swami Pranavananda welcomed the guests and gave away the saplings. Sister Saraswathi of Vivekananda Kendra - Nardep explained the Humanbeings connection with Nature and the importance of Moringa (Drumstick). Shri. Rakesh, AHO explained the purpose of this distribution and shared other activities of Horticulture Department.



Sister Saraswathi interacting with the audience



Swami Pranavananda distributing Moringa saplings



Shri. Shivapoojan Singh of Vivekananda Kendra distributing the Moringa Saplings

Apart from the above function, on 5th October 380 Moringa Saplings were distributed at Mankadu (50), Sambai (50), Thangachimadam (100), Pamban (50), Theekshidharkollai (30), Erakadu (100).



At Mankaadu



Sambai



Vivekananda Vidyalaya, Pamban



Erakadu Moringa Saplings Distribution



Vivekananda Vidyalaya Matriculation school

Motivation course for mentally disturbed inmates of Manolaya

In order to motivate the mentally disturbed inmates of Manolaya home at Rameswaram, programme was organized to motivate the inmates. Sister Saraswathi took part in the event and shared the mind strengthening stories and techniques to the inmates.

