



## Social Capital By Green Rameswaram Trust



### 1. Guru Purnima

Guru Purnima is celebrated every year. This year, the celebration was held at 6 locations, with 262 people's participated.

| <i>Sl.No.</i> | <i>Date</i>           | <i>Place</i>                    | <i>No. of participants</i> | <i>Remarks</i>   |
|---------------|-----------------------|---------------------------------|----------------------------|--|
| 1.            | 7 <sup>th</sup> July  | Green Rameswaram project office | 27 (SHG Members)           | Shri.V.Ramakrishnan and Sis.V.Saraswathi   |
| 2.            | 10 <sup>th</sup> July | Green Rameswaram project office | 50 (General public)        | Shri Kumaran Shasthriyal from Veda Padasalai, Shri Ragavan Sharma, and Sister Sangeetha, a teacher |
| 3.            | 19 <sup>th</sup> July | Verkkadu                        | 15 (SHG members)           | Sister Sagunthala, and Sister Saraswati  |
| 4.            | 21 <sup>st</sup> July | Green Rameswaram project office | 70 (Livelihood)            | Shri.V.Ramakrishnan and Sis.V.Saraswathi and Shri.Balaguru   |
| 5.            | 22 <sup>nd</sup> July | Green Rameswaram project office | 60 (Livelihood)            | Shri Balaguru, Sister Sagunthala   |
| 6.            | 22 <sup>nd</sup> July | Sallimalai                      | 40 (Yoga team)             | Shri Sankara Pandian and Shri Bose from the Art of Living.   |



*Sis. Saraswathi explaining the importance of Guru Purnima*



*Shri Kumaran Shasthriyal from Veda Padasalai, Shri Ragavan Sharma, and Sister Sangeetha on stage during the function*



*Stakeholders of Livelihood attended Guru pournima function*

## 2. Pasumai Mahalir Self-Help group meeting

A special meeting of the Pasumai Mahalir Self-Help Group was held on 7th July 2025 at Green Rameswaram office. A total of 27 members participated and received guidance on conducting effective monthly meetings, with a focus on integrating cultural values into everyday life.



*Shri. Ramakrishnan, Director, VK-Nardep distributing the copies of the Ramayana and Bhagavad Gita to SHG members*

## 3. Palsuvai Nigaltchi

On 18 July 2025 online Palsuvai Nigaltchi (Multi-taste programme) was organised through Google meet. 49 members participated. Smt.Shiva Sankari acted as coordinator. The programme schedule was as follows:

| <i>S.No</i> | <i>Segment</i>                | <i>Participant</i> |
|-------------|-------------------------------|--------------------|
| 1           | Prayer                        | Ramapriya          |
| 2           | Pasumai Rameswaram Song       | Kalyani            |
| 3           | Cooking Tips                  | Ganagavalli        |
| 4           | Monthly Special Teertha Pooja | Sathya             |
| 5           | Medicinal Tips                | Sangeetha          |
| 6           | Thoughts of Vivekananda       | Aruna              |
| 7           | Monthly Special               | Gayathri           |
| 8           | Bhagavath Geetha              | Muthu Lakshmi      |
| 9           | Quiz                          | Valli              |
| 10          | Nayanmar Kathai               | Manimegalai        |
| 11          | Ramayana                      | Karpagavalli       |
| 12          | Vidukathai                    | Thillai Pushpam    |
| 11          | Thanking Note                 | Ramakrishnan ji    |
| 12          | Santhi Manthram               | Rekha              |

#### 4. Anandalaya

We have decided to start Anandalayas in various locations across Rameswaram beginning August 2025. A preliminary meeting in this regard was held on 20th July 2025 at the Green Rameswaram Project Office. Shri Ramakrishnan guided the session and interacted with the 11 participating teachers. During the meeting, the following format was finalised.

1. Prayer and Slogans
2. Bhajans
3. Patriotic Songs and Green Rameswaram Songs
4. Devotional Stories, Puranas, and Festival Celebrations
5. History of Freedom Fighters and National Leaders
6. Physical Exercises, Surya Namaskar, and Yoga
7. Innovative and Creative Games
8. Behavioural Change
9. Sustainable Living Practices
10. Personality Development



*A new beginning – starting of the project Anandalaya at Rameswaram  
First meeting with the proposed teachers*

A follow-up to this meeting was held virtually on 31st July, with the participation of 10 teachers. The session was anchored by Smt. Bhuvaneeswari and addressed by Shri.Ramakrishnan.

It was decided that Anandalaya sessions will be conducted six days a week in the evenings, from 5:30 p.m. to 7:00 p.m. The target age group will be students from 1st to 9th standard. While the minimum expected number of students is 20, sessions may commence even with a smaller group.

## 5. Donation by Rotary Club

Rotary club of Rameswaram donated material worth Rs.6000/- to Green Rameswaram project. Shri.Balasubramaniam, owner of Right Choice Hotel was the sponsorer. The material includes Pans, Spade, Baskets and Hammers etc.

