



Archaeology and History

By
Green Rameswaram Trust



Pada pooja

A special Pāda Pūjā ceremony was organised at Anandalaya to inspire students to express gratitude, respect, and devotion towards their parents, who are regarded as their first teachers and guides. Students of Anandalaya participated with enthusiasm, accompanied by their parents and teachers.

The programme began with a short prayer and the chanting of mantras, creating a serene and spiritual atmosphere. The students then performed Pāda Pūjā by gently washing their parents' feet, applying turmeric and kumkum, offering flowers, and receiving their blessings with folded hands.

Teachers spoke about the cultural and spiritual significance of Pāda Pūjā and encouraged students to honour, respect, and care for their parents throughout their lives. At the end, many parents expressed their joy and emotion, blessing the children wholeheartedly.

The ceremony beautifully strengthened the bond between students and their parents and helped instill the values of gratitude, humility, and Indian cultural traditions—fostering positive attitudes and behaviour among the children.

S.No	Date	Name of Anandalaya / Place	Participants
1	05.12.2025	Nirav, SK Patti, Rameswram	Parents 6 Students 15
2	06.12.2025	OM, Verkodu, Rameswram	Parents 13 Students 17
3	16.12.2025	Harsh, SethupathyNagar, Thangachimadam	Parents 12 Students 22



Pada Pooja at Nirav Anandalaya, SK Patti, Rameswram

Online Palsuvai Nigaltchi

On 17 October 2025 online Palsuvai Nigaltchi was organised through Google meet. This time Smt.Shiva Sankari acted as comparator. 52 members participated in the programme. The details are as follows:

S.No	Programmes	Participant
1	Prayer	Ramapriya
2	Pasumai Rameswaram Song	Gayathri
3	Cooking Tips	Vijayalakshmi
4	Monthly Special Teertha Pooja	Thillaipushpam
5	Medicinal Tips	Madhu
6	Saying of Vivekananda	Pretheepa
7	Monthly Special	Karpagavalli
8	Bhagavat Gita	Vithya
9	Quiz	Sathya
10	Nayanmar Kathai	Manimegalai
11	Thirukovil Special	Kalaivani
12	Vidukathai	Rajeswarai
13	Ramayanam	Kalyana suntharavalli
14	Vote of thanks	Ramakrishnan
15	Shanti Mantram	Rekha

