



## **Livelihood Report** By **Green Rameswaram Trust**



### **Training programme:**

In the month of March 02 Training programmes conducted and 14 Peoples attended.

<b>Date</b>	<b>No of Beneficiaries attended</b>	<b>Resource Person</b>
18.03.2026	07	Sis.Rekha, Shri.Bharath Kumar
19.03.2026	07	Sis.Rekha, Shri.Bharath Kumar
<b>Total</b>	<b>14</b>	

The training was mainly on Kitchen garden. The following points were covered.

- Choosing the right tools for gardening
- Safe and effective use of sprayers for natural pesticides
- Tips on soil care, seed selection, and plant maintenance
- Eco-friendly practices to make kitchen gardens more productive and sustainable

The participants received the kitchen garden kit after the training



***Sis. Rekha conducting the technical session***

