



## **Livelihood Report**

**By**  
**Green Rameswaram Trust**



### **Training programme:**

In the month of July three Training programmes on Livelihood conducted and 16 Peoples attended.

| <b>Date</b> | <b>No. of stakeholder attended</b> | <b>Resource Person</b>        |
|-------------|------------------------------------|-------------------------------|
| 22.07.2026  | 04                                 | Sis.Rekha, Shri.Bharath Kumar |
| 23.07.2026  | 06                                 | Sis.Rekha, Shri.Bharath Kumar |
| 25.07.2026  | 06                                 | Sis.Rekha, Shri.Bharath Kumar |

The training was mainly on Kitchen garden. The following points were covered.

- Choosing the right tools for gardening
- Safe and effective use of sprayers for natural pesticides
- Tips on soil care, seed selection, and plant maintenance
- Eco-friendly practices to make kitchen gardens more productive and sustainable

The participants received the kitchen garden kit which includes grow bags, seeds, hand weeder, sprayer, cutter etc.



*Training session conducted by Sis.Rekha*

