# Archaeology and History

## By

## Green Rameswaram Trust

### 1. Pada Pooja:

Pada pooja ceremony was organised at Anandalaya to inspire students to express gratitude, respect, and devotion toward their parents, who are regarded as their first teachers and guides. Students from various Anandalayas participated with enthusiasm, accompanied by their parents and teachers. The programme began with a short prayer and the chanting of mantras, creating a serene and spiritual atmosphere. The students then performed Pāda Pūjā by gently washing their parents' feet, applying turmeric and kumkum, offering flowers, and receiving their blessings with folded hands. Teachers spoke about the cultural and spiritual significance of Pāda Pūjā and encouraged students to honour, respect, and care for their parents throughout their lives. In the concluding moments, many parents expressed their joy and emotion, blessing the children wholeheartedly. The ceremony beautifully strengthened the bond between students and their parents and helped instill the values of gratitude, humility, and Indian cultural traditions - fostering positive attitudes and behaviour among the children.

| S.No | Date | Anandalaya Centre Name/ Place | No. of participants |
|---|---|---|---|
| 1. | 29.10.2026 | Veer and Rudra , Sambai, Rameswaram | 70 |



***At the Feet of Our First Teachers, Seeking Their Blessings***

### 2. Kutumba Kshema Pooja:

In October 2026, 02 Kutumba Kshema Pūjās were conducted across different locations, benefiting 53 participants. The rituals were performed for family welfare, peace, prosperity, and harmony. The programme included prayers, lamp lighting, collective Ārati, and special prayers for family wellbeing. Prasādam (Kesari) and manjal-kumkumam were distributed to

participants. The events were conducted smoothly with active participation, and attendees expressed their satisfaction and spiritual fulfillment.

| S.No | Date | Pasumai Kutumbam | Location | Participants |
|---|---|---|---|---|
| 1 | 09.10.2026 | Sastha | Ganagavalli House, Meiyumpuli | 14 |
| 2 | 19.10.2026 | Veera | Thillai Puspam House, Sambai | 39 |

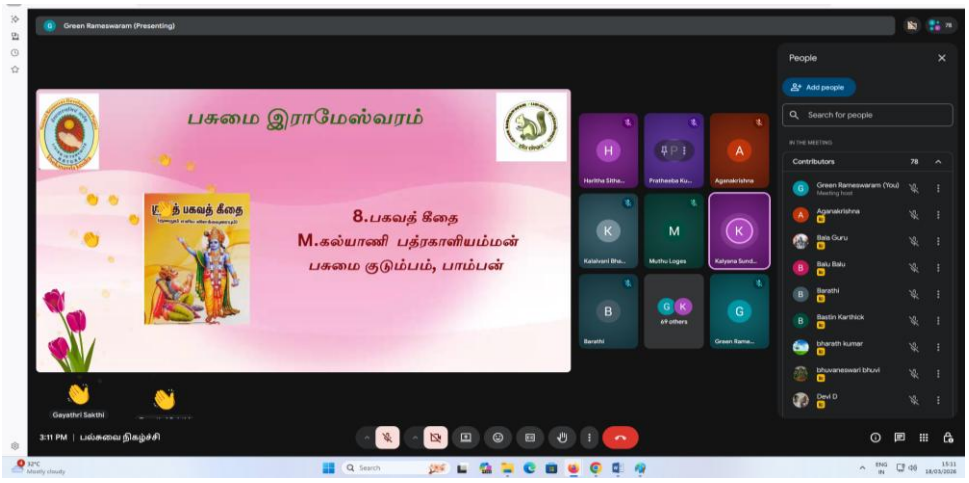


***Pooja at Thillai Puspam house, Sambai, Rameswaram***

## 3. Online Palsuvai Nigalchi:

In October 2026, an online Palsuvai Nigaltchi was organized through Google Meet, and 03 sessions were conducted.

| Date | Palsuvai Nigalchi | No. of Participant | Remarks |
|---|---|---|---|
| 24.10.2026 | Palsuvai Nigachi | 17 | Sis. Rekha |
| 26.10.2026 | Palsuvai Nigachi | 53 | Sis. Bhuvaneswari |
| 26.10.2026 | Palsuvai Nigachi | 27 | Sis. Sakunthala, Sis.Saraswathi |




***Palsuvai Nigachi Screenshot***